# To Start or Not to Start, that is the Question(naire)...

Ascent Wellness Program
Summit Wellness, Inc./Ascent for Life, Inc.
2022-2023



#### Our Team...

Nick Wolf, Intake Specialist

Marisol Moreno, Quality Assurance and Improvement Specialist

Becky Aten, Employee Experience Specialist

Cátia Figueiredo, Program Director

Tony Langtimm, Executive Director



#### Background

Approximately one in three clients referred to Ascent Wellness Program have historically been successful in starting and maintaining participation in wellness services.

Our team needed a way to better assess client readiness and support a successful start in services for a higher percentage of clients.



#### Aim

Increase the percentage of successful starts for new clients by providing a questionnaire to the Care Coordinator that...

- Assesses client readiness
- Confirms the client's current recovery goals



### **Findings**

At the start of this project...

33.5%

of clients referred were Active (services started successfully) At the end of this project...

44.6%

of clients referred were Active (services started successfully)



## **Outcome: Adopt!**

The Care Coordinator questionnaire had a measurable, positive impact on our clients' success in starting and maintaining participation in their wellness services.

